

# Standing Up to Bullying at All Saints Bedworth



As part of Anti-Bullying Week 2025 (10–14 November), our school will be shining a spotlight on speaking up, supporting others, and building safe communities.





In the recent parent survey, 88% of parents said they ‘agree’ or ‘strongly agree’ that our school handles bullying effectively—we’re aiming for 100%! Many parents indicated a ‘neutral’ response to this question, so we want to provide information on our ‘zero tolerance’ ethos, and everything we do to support an anti-bullying culture

## What Is Bullying?

Bullying is **repeated, intentional** behaviour by an individual or group that causes harm, fear, or distress to another person. This includes:

- Physical bullying (e.g. repeated hitting, pushing)
- Verbal bullying (e.g. repeated name-calling, threats)
- Indirect bullying (e.g. exclusion, spreading rumours)
- Cyberbullying (e.g. online harassment)
- Prejudice-based bullying (e.g. racist, sexist, homophobic)

### What is Bullying?

<p>Bullying is never acceptable</p> <p>Stage 4 consequence straight away</p>	   	<p>Hurtful</p> <p>Repeated</p> <p>Power imbalance</p> <p>On purpose</p>
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## What Is Not Bullying?

It’s important to distinguish bullying from other types of behaviour. Not all conflict is bullying. For example:

- A one-off disagreement or argument, or one-off name-calling incident
- Accidental hurtful behaviour
- Falling out between friends
- Teasing that is not intended to cause harm

These behaviours still need addressing, but **they are not bullying unless they are deliberate, repeated, and intended to cause distress.**

## How We Teach Pupils About Bullying

We believe that bullying prevention starts with education. Pupils learn about respectful relationships, empathy, and how to stand up for themselves and others through:

- Ongoing discussion of our school rule ‘respect’ and how children can show respectful and positive behaviour towards others
- PSHE lessons focused on emotions, friendships, and respectful behaviour.
- No Outsiders scheme promoting inclusion, diversity, and acceptance.
- Protective Behaviours curriculum helping children understand their right to feel safe and how to seek help.
- School worship and assemblies reinforcing our Christian and learning values.
- Zones of Regulation supporting emotional literacy and self-awareness.
- Special focus weeks and days such as ‘Anti-Bullying Week’ and ‘Autism Awareness Day’

## How We Support Pupils to Speak Up

We know that children need safe ways to share their worries. That's why we've created multiple avenues for pupils to talk:

- Daily emotional check-ins and access to calm spaces.
- Trusted adults available throughout the day.
- Circle time or class discussions to encourage open dialogue.
- "I Need to Talk" Station in KS2: A quiet, private space where pupils can request a conversation with a trusted adult.

Staff are trained to listen with empathy and respond in a trauma-informed way, using our Protect, Relate, Regulate, Reflect approach.

## What To Do If You Think Your Child Is Being Bullied

If you're concerned your child may be experiencing bullying:

- Talk to your child calmly and listen carefully.
- Identify if the behaviours are repeated, on purpose and meant to cause harm
- Reassure them that it's not their fault and they are not alone.
- **Contact the school – speak to your child's class teacher in the first instance.**
- Work with us – we will investigate and take appropriate action, keeping you informed throughout.

## This Year's Anti-Bullying Week Theme: Power for Good

The national theme for Anti-Bullying Week 2025 is "Power for Good", encouraging children to recognise their own power to make a positive difference—whether that's speaking out, supporting someone in need, or being an upstander in their communities.

During the week, we will:

- Deliver special assemblies introducing the theme and exploring how pupils can use kindness and courage to counter bullying.
- Incorporate "Power for Good" discussions in class, framing real-life scenarios where pupils can choose to act positively.
- Celebrate Odd Socks Day on Monday 10 November, reinforcing our anti-bullying values through fun and unity.

## Our School Rule: Respect

"Respect" is one of our key school rules—a core value woven through worship, lessons, and daily interactions. It's directly linked to our anti-bullying message:

- Being respectful means valuing others' differences and treating everyone with kindness and dignity.
- During Anti-Bullying Week and beyond, we'll remind pupils that respect is our shared responsibility, and using our words and actions thoughtfully is a powerful way to stop bullying before it starts.

**Let's harness the Power for Good together this week—and every week—by promoting respect, kindness, and courage.** If you'd like to talk to us about our approach to managing allegations of bullying, or anything else, please let us know.